



THE ABBOTT
ADVANTAGE

Empow(HER)ing Workplace Confidence

Fueling Success for Women at Work

CLASS DESCRIPTION:

Are you ready to unlock your full potential and thrive in the workplace? Join us for an empowering two-hour workshop designed exclusively for women, where we will dive deep into the art of building unwavering confidence and harnessing it to propel your career forward.

Course Highlights:

- Dive into your own imposter syndrome
- Release the inner critic and shift yourself talk
- Learn to navigate challenging workplace dynamics
- Develop your own personal brand to increase your confidence in the workplace and beyond.

CLASS IS BEST FOR:

- Women leaders looking to increase their confidence in their roles
- Women who feel imposter syndrome is getting in the way of their confidence in the workplace
- Women aspiring to move up in the workforce

CONTACT US

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UNDERSTAND

Discover what holds you back from being the most confident version of you, and how that is impacting how you show up in both your professional and personal lives.

STRATEGY

Learn how to shift your negative self-talk and inner critic in order to help navigate through various workplace dynamics.

IMPLEMENT

Craft and enhance your personal brand, making a lasting impression and positioning yourself as a valuable asset in any professional setting.