



THE ABBOTT
ADVANTAGE

Conflict to Connection:

Strategies for Resolving Conflict and Building Relationships

CLASS DESCRIPTION:

In a world where effective communication and understanding are paramount, mastering conflict resolution is a vital skill that can elevate both your personal and professional growth. Learn to transform conflicts into opportunities for growth.

Course Highlights:

- Understanding conflict dynamics
- Learn 5 Conflict Resolution Management Styles
- Discuss strategies for emotion control/perspective talking.
- Building and rebuilding relationships

CLASS IS BEST FOR:

- Individuals seeking to enhance conflict resolution skills.
- Professionals aiming to foster a harmonious workplace.
- Managers responsible for team dynamics.
- Whether you're a seasoned communicator or new to conflict resolution this course is for you.

CONTACT US

UNDERSTAND

Get a better understanding in navigating challenging conversations, mending fractured relationships and cultivating a harmonious environment.

STRATEGY

Learn to adapt your resolution skills in challenging conversations and bridge relationships where there is conflict. Discover how learning to handle conflict with grace and confidence builds deeper connections.

IMPLEMENT

Practice each conflict management styles approach in real world scenarios and build conflict management confidence. Identify ways to build and rebuild stronger working relationships and enhance workplace connection.



www.danielleabbottcoaching.com



danielle@danielleabbottcoaching.com



(207) 992-7007